

## CHECKLIST FOR THE JUNIOR YEAR

*Sometimes when people are confused about what to do, they do nothing. They decide to just wait and see what "comes along". Later they learn that doing nothing is in itself a choice, and that very seldom does anything worthwhile just "come along". Things happen for people who make them happen. If you take the time now to investigate your career choices and your educational options, your future will have direction and purpose.*

\_\_\_\_\_ Have a confident outlook. Tell yourself you can do this!

\_\_\_\_\_ Read, read, read! By reading all kinds of materials, you will be doing the best kind of preparation for tests this spring.

\_\_\_\_\_ Participate in extra-curricular and community service activities which reflect your academic, personal, and career choices.

\_\_\_\_\_ Visit your Career Center (or the career center website) to keep track of important dates and activities.

\_\_\_\_\_ Register, prepare for, and take the PSAT. This is a practice test for the SAT which is also used as a National Merit Qualifier. It is given in October at South.

\_\_\_\_\_ Review your SKILLS results from your sophomore year and consider taking the ASVAB, a free academic and skills inventory test, this December or April.

\_\_\_\_\_ Complete a self-assessment form.

\_\_\_\_\_ Visit the Career Center soon and often!

\_\_\_\_\_ Write your resume' including work and volunteer experience, honors, activities, etc.

\_\_\_\_\_ Attend college visitations in the Career Center, September through November.

\_\_\_\_\_ Begin research on higher education opportunities. Use Career Center computer programs, reference books, videos, college, and career guides.

\_\_\_\_\_ Attend College Faires in Eugene and Portland. Check the Career Center for dates.

\_\_\_\_\_ Attend Financial Aid Night in December at South.

\_\_\_\_\_ Visit your School to Career Coordinator to learn how you can explore careers for credit.

\_\_\_\_\_ Schedule your Junior Interview with your counselor this winter. Complete the form on pages 3 & 4 and take it to the interview. Parents are welcome!

\_\_\_\_\_ Apply for a Social Security number if you have not already done so.

\_\_\_\_\_ Continue your college research. Write for viewbooks.

\_\_\_\_\_ Plan campus visits if possible.

\_\_\_\_\_ Use college websites listed for virtual tours and additional information.

\_\_\_\_\_ Have an open, frank discussion with your parents or guardians regarding the amount of money your family is willing & able to contribute to the cost of higher education.

\_\_\_\_\_ Investigate financial aid and scholarship opportunities in the Career Center.

\_\_\_\_\_ Determine admissions requirements for each prospective college.

\_\_\_\_\_ Register for and take the appropriate tests: SAT/ACT, SAT II, AP, IB, etc.

\_\_\_\_\_ Plan a challenging senior schedule. Colleges look for indications that a student has taken courses that prepare him/her for college level work.

\_\_\_\_\_ Make plans for getting teacher & counselor recommendations.

\_\_\_\_\_ Plan meaningful summer activities. Get a job, do community service, travel. Attend Jobs & Opportunities Faires in spring.